# Annual Report

# Australian Suicide Prevention Foundation

# 30 June 2026

Prepared by Edward John Hardy

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# Compilation Report

We have compiled the accompanying special purpose financial statements of Australian Suicide Prevention Foundation, which comprise the balance sheet as at 30 June 2026, the profit and loss for the year then ended, a summary of significant accounting policies and other explanatory notes. The specific purpose for which the special purpose financial statements have been prepared is set out in Note 1.

## 1. Director's Responsibility

The directors of Australian Suicide Prevention Foundation are solely responsible for the information contained in the special purpose financial statements and have determined that the significant accounting policies adopted as set out in Note 1 to the financial statements are appropriate to meet their needs and for the purpose that the financial statements were prepared.

## 2. Our Responsibility

On the basis of information provided by the directors of Australian Suicide Prevention Foundation, we have compiled the accompanying special purpose financial statements in accordance with the significant accounting policies adopted as set out in Note 1 to the financial statements and APES 315: Compilation of Financial Information.

Our procedures use accounting expertise to collect, classify and summarise the financial information, which the directors provided, in compiling the financial statements. Our procedures do not include verification or validation procedures. No audit or review has been performed and accordingly no assurance is expressed.

The special purpose financial statements were compiled exclusively for the benefit of the directors of Australian Suicide Prevention Foundation. We do not accept responsibility to any other person for the contents of the special purpose financial statements.

# Directors' Declaration

**The directors of the Australian Suicide Prevention Foundation declare that:**

1. The financial statements, comprising the statement of financial position, statement of comprehensive income, statement of changes in equity, statement of cash flows and notes to the financial statements, as set out on accompanying pages, are in accordance with the Corporations Act 2001, and:

a. comply with Australian Accounting Standards - Reduced Disclosure Requirements (including Australian Accounting Interpretations) and the Corporations Regulations 2001;

and

b. give a true and fair view of the financial position of the company as at 30 June 2026 and of its performance for the year ended on that date.

2. In the directors' opinion, there are reasonable grounds to believe that the company will be able to pay its debts as and when they become due and payable.

This declaration is made in accordance with a resolution of the directors.

Signed: R. Michaels

Kristin Michaels

Chair

Dated: 13.9.26

# Executive Summary

## Australian Suicide Prevention Foundation
## for the year ended 30 June 2026

**Executive Summary**

Australian Suicide Prevention Foundation

For the year ended 30 June 2026

| Key indicator | 2026 | 2025 | Variance |
|---|---|---|---|
| **Cash** | | | |
| Cash received | 249,467.88 | 12,454.03 | 1903.11% |
| Cash spent | 268,099.83 | 14,418.87 | 1759.37% |
| Cash surplus (deficit) | (18,631.95) | (1,964.84) | -848.27% |
| Closing bank balance | 102,339.59 | 120,971.54 | -15.40% |
| **Profitability** | | | |
| Income | 10,023.36 | 11,433.03 | -12.33% |
| Direct costs | 0.00 | 0.00 | 0.00% |
| Gross profit (loss) | 10,023.36 | 11,433.03 | -12.33% |
| Other income | 0.00 | 0.00 | 0.00% |
| Expenses | 17,185.89 | 13,107.94 | 31.11% |
| Profit (loss) | (7,162.53) | (1,674.91) | -327.64% |
| **Balance Sheet** | | | |
| Debtors | 0.00 | 1,083.00 | -100.00% |
| Creditors | 0.00 | 0.00 | 0.00% |
| Net assets | 118,102.46 | 125,264.99 | -5.72% |
| **Sales** | | | |
| Number of invoices issued | 2.00 | 1.00 | 100.00% |
| Average value of invoices | 1,181.50 | 1,083.00 | 9.10% |
| **Performance** | | | |
| Gross profit margin (%) | 100.00 | 100.00 | 0.00% |
| Net profit margin (%) | (71.46) | (14.65) | -387.78% |
| Return on investment (p.a.) (%) | (6.06) | (1.34) | -353.57% |
| **Position** | | | |
| Average debtor days | 0.00 | 34.57 | -100.00% |
| Average creditor days | 0.00 | 0.00 | 0.00% |
| Short term cash forecast | 0.00 | 1,083.00 | -100.00% |
| Current assets to liabilities | 512.22 | 484.21 | 5.78% |
| Term assets to liabilities | 0.00 | 0.00 | 0.00% |

# Profit & Loss

## Australian Suicide Prevention Foundation
## for the year ended 30 June 2026

**Profit and Loss**

Australian Suicide Prevention Foundation

For the year ended 30 June 2026

Accrual Basis

| Account | 2026 | 2025 |
|---|---|---|
| **Trading Income** | | |
| Donations - Corporate | 0.00 | 0.00 |
| Donations - Public | 8,023.35 | 9,424.98 |
| Grants | 2,000.00 | 2,000.00 |
| Interest Income | 0.01 | 8.05 |
| Other Revenue | 0.00 | 0.00 |
| Sales | 0.00 | 0.00 |
| **Total Trading Income** | **10,023.36** | **11,433.03** |
| **Gross Profit** | **10,023.36** | **11,433.03** |
| **Operating Expenses** | | |
| Advertising | 0.00 | 0.00 |
| Asset Revaluation Expense | 0.00 | 0.00 |
| Bank & Fundraiser Fees | 0.00 | 0.00 |
| Cleaning | 0.00 | 0.00 |
| Conferences | 0.00 | 0.00 |
| Consulting & Accounting | 0.00 | 0.00 |
| Depreciation | 0.00 | 0.00 |
| Entertainment | 0.00 | 0.00 |
| Freight & Courier | 0.00 | 0.00 |
| General Expenses | 0.00 | 0.00 |
| Insurance | 4,500.74 | 4,697.41 |
| Interest Expense | 0.00 | 0.00 |
| Legal expenses | 0.00 | 0.00 |
| Light, Power, Heating | 0.00 | 0.00 |
| Major Projects | 2,800.00 | 0.00 |
| Motor Vehicle Expenses | 0.00 | 0.00 |
| Office Expenses | 1,598.04 | 3,388.72 |
| Postage | 1,741.33 | 1,390.42 |
| Printing & Stationery | 94.54 | 311.16 |
| Repairs and Maintenance | 0.00 | 0.00 |
| Subscriptions | 2,448.63 | 467.56 |
| Telephone & Internet | 792.73 | 981.78 |
| Travel - National | 2,337.96 | 1,211.83 |
| Web hosting & subscriptions | 871.92 | 659.06 |
| **Total Operating Expenses** | **17,185.89** | **13,107.94** |
| **Net Profit** | **(7,162.53)** | **(1,674.91)** |

# Movements in Equity

## Australian Suicide Prevention Foundation
## for the year ended 30 June 2026

**Movements in Equity**

Australian Suicide Prevention Foundation
For the year ended 30 June 2026
Accrual Basis

| Account | 2026 | 2025 |
|---|---|---|
| **Equity** | | |
| Opening Balance | 125,264.99 | 126,939.90 |
| ASPF Public Fund Balance | 0.00 | 0.00 |
| Current Year Earnings | (7,162.53) | (1,674.91) |
| Retained Earnings | 0.00 | 0.00 |
| **Total Equity** | **118,102.46** | **125,264.99** |

This statement is to be read in conjunction with the Notes to the Financial Statements and the accompanying Compilation Report.

# Balance Sheet

## Australian Suicide Prevention Foundation
## for the year ended 30 June 2026

**Balance Sheet**

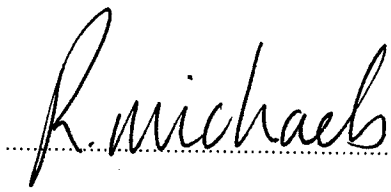
Australian Suicide Prevention Foundation

As at 30 June 2026

Accrual Basis

| | Account | 30 June 2026 | 30 June 2025 |
|---|---|---|---|
| **Assets** | | | |
| | **Bank** | | |
| | ASPF - Bendigo | 99,269.11 | 104,116.67 |
| | ASPF Cash Reserve - Westpac | 16.35 | 16.34 |
| | ASPF Public Fund - Westpac | 3,054.13 | 16,838.53 |
| | ASPF Term Deposit - Bendigo | 0.00 | 0.00 |
| | No Flowers No Presents - Obsolete - Westpac | 0.00 | 0.00 |
| | **Total Bank** | **102,339.59** | **120,971.54** |
| | **Current Assets** | | |
| | Accounts Receivable | 0.00 | 1,083.00 |
| | Accrued Interest | 0.00 | 0.00 |
| | Cash at Bank | 0.00 | 0.00 |
| | Prepayments | 1,420.00 | 1,420.00 |
| | **Total Current Assets** | **1,420.00** | **2,503.00** |
| | **Fixed Assets** | | |
| | Computer Equipment | 0.00 | 0.00 |
| | Less Accumulated Depreciation on Computer Equipment | 0.00 | 0.00 |
| | Less Accumulated Depreciation on Office Equipment | 0.00 | 0.00 |
| | Office Equipment | 0.00 | 0.00 |
| | **Total Fixed Assets** | **0.00** | **0.00** |
| | **Non-current Assets** | | |
| | Amortisation of App | 0.00 | 0.00 |
| | Amortisation of Articles | 0.00 | 0.00 |
| | App Development | 14,545.44 | 2,045.45 |
| | Articles | 0.00 | 0.00 |
| | Intangible Assets | 0.00 | 0.00 |
| | less Amortisation Maj Projects - NCA | 0.00 | 0.00 |
| | Less Amortisation of Videos | 0.00 | 0.00 |
| | Less Amortisation of Website Development | 0.00 | 0.00 |
| | Less Project Expenditure Amortised | 0.00 | 0.00 |
| | Major Projects - NCA | 0.00 | 0.00 |
| | Video Project | 0.00 | 0.00 |
| | Youth Website Development | 0.00 | 0.00 |
| | **Total Non-current Assets** | **14,545.44** | **2,045.45** |
| **Total Assets** | | **118,305.03** | **125,519.99** |

| | | | |
|---|---|---|---|
| **Liabilities** | | | |
| | **Current Liabilities** | | |
| | Accounts Payable | 0.00 | 0.00 |
| | Accrued Expenses | 0.00 | 0.00 |
| | GST | 202.57 | 255.00 |
| | Historical Adjustment | 0.00 | 0.00 |
| | Rounding | 0.00 | 0.00 |
| | Suspense | 0.00 | 0.00 |
| | Tracking Transfers | 0.00 | 0.00 |
| | Unpaid Expense Claims | 0.00 | 0.00 |
| | **Total Current Liabilities** | **202.57** | **255.00** |
| | **Non-current Liabilities** | | |
| | Loan | 0.00 | 0.00 |
| | **Total Non-current Liabilities** | **0.00** | **0.00** |
| **Total Liabilities** | | **202.57** | **255.00** |
| | **Net Assets** | **118,102.46** | **125,264.99** |
| **Equity** | | | |
| | ASPF Public Fund Balance | 85,602.79 | 85,602.79 |
| | Current Year Earnings | (7,162.53) | (1,674.91) |
| | Retained Earnings | 39,662.20 | 41,337.11 |
| **Total Equity** | | **118,102.46** | **125,264.99** |

Signed: 

Kristin Michaels
Chair

Dated: 13.9.26

# Notes to the Financial Statemements

## AUSTRALIAN SUICIDE PREVENTION FOUNDATION

**A.C.N. 114 737 898**

**NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2026**

The financial statements are for the Australian Suicide Prevention Foundation as an individual entity, incorporated and domiciled in Australia. The Australian Suicide Prevention Foundation is a company limited by guarantee.

### NOTE 1: SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES

#### Basis of Preparation

The Australian Suicide Prevention Foundation has elected to adopt the Australian Accounting Standards - Reduced Disclosure Requirements as set out in AASB 1053: Application of Tiers of Australian Accounting Standards and AASB 2010-2: Amendments to Australian Accounting Standards arising from Reduced Disclosure Requirements.

The financial statements are general purpose financial statements that have been prepared in accordance with Australian Accounting Standards - Reduced Disclosure Requirements of the Australian Accounting Standards Board (AASB) and the Corporations Act 2001. The company is a not-for-profit entity for financial reporting purposes under Australian Accounting Standards.
Australian Accounting Standards set out accounting policies that the AASB has concluded would result in financial statements containing relevant and reliable information about transactions, events and conditions. Material accounting policies adopted in the preparation of these financial statements are presented below and have been consistently applied unless stated otherwise.
The financial statements, except for cash flow information, have been prepared on an accruals basis and are based on historical costs, modified, where applicable, by the measurement at fair value of selected non-current assets, financial assets and financial liabilities. The amounts presented in the financial statements have been rounded to the nearest dollar.
The financial statements were authorised for issue by the directors of the company.

#### Accounting Policies

**Revenue**
Donations are recognised as revenue when received.
Interest earned is recognised using the effective interest rate method, which for floating rate financial assets is the rate inherent in the instrument.
All revenue is stated net of the amount of goods and services tax (GST).

**a) Income Tax**

No provision for income tax has been raised, as the entity is exempt from income tax under Div 50 of the Income Tax Assessment Act 1997.

**b) Goods and Services Tax (GST)**

Revenues, expenses and assets are recognised net of the amount of GST, except where the amount of GST incurred is not recoverable from the Australian Taxation Office (ATO).
Receivables and payables are stated inclusive of the amount of GST receivable or payable. The net amount of GST recoverable from, or payable to, the ATO is included with other receivables or payables in the statement of financial position.
Cash flows are presented on a gross basis. The GST components of cash flows arising from investing or financing activities which are recoverable from, or payable to, the ATO are presented as operating cash flows included in receipts from customers or payments to suppliers.
Cash and cash equivalents include cash on hand, deposits held at call with banks, other short-term highly liquid investments with original maturities of three months or less.

**c) Plant and Equipment**

Plant and equipment are measured on the cost basis less accumulated depreciation and any accumulated impairment losses.

In the event the carrying amount of plant and equipment is greater than the estimated recoverable amount the carrying amount is written down immediately to the estimated recoverable amount and impairment losses are recognised either in profit or loss or as a revaluation decrease if the impairment losses relate to a revalued asset. A formal assessment of recoverable amount is made when impairment indicators are present (refer to Note 1(g) for details of impairment).

The carrying amount of plant and equipment is reviewed annually by directors to ensure it is not in excess of the recoverable amount from these assets. Where considered necessary, the recoverable amount is assessed on the basis of the expected net cash flows that will be received from the asset's employment and subsequent disposal. The expected net cash flows have been discounted to their present values in determining recoverable amounts.

**d) Depreciation**

The depreciable amount of all fixed assets is calculated on a straight-line basis over the asset's useful life to the entity, commencing from the time the asset is held ready for use.

The depreciation rates used for each class of depreciable assets are:

**e) Class of fixed asset**

Computer equipment 33% straight line basis

**f) Website Development Cost**

The directors have agreed that expenditure on website development does not result in the creation of an asset with a recoverable amount.

**g) Impairment of Assets**

At the end of each reporting period, the entity reviews the carrying values of its tangible and intangible assets to determine whether there is any indication that those assets have been impaired. If so, the recoverable amount of the asset, being the higher of the asset's fair value less costs to sell and value in use, is compared to the asset's carrying value. Any excess of the asset's carrying value over its recoverable amount is expensed to the statement of comprehensive income.

Where the future economic benefits of the asset are not primarily dependent upon on the asset's ability to generate net cash inflows and when the entity would, if deprived of the asset, replace its remaining future economic benefits, value in use is determined as the depreciated replacement cost of an asset.

Where it is not possible to estimate the recoverable amount of a class of asset, the entity estimates the recoverable amount of the cash-generating unit to which the asset belongs.

**h) Trade and Other Payables**

Trade and other payables represent the liability outstanding at the end of the reporting period for goods and services received by the company during the reporting period which remains unpaid. The balance is recognised as a current liability with the amount being normally paid within 30 days of recognition of liability.

**Comparative figures**

Where required by accounting standards, comparative figures have been adjusted to conform with changes in presentation for the current year.

**Financial Instruments**

***Initial recognition and measurement***

Financial assets and financial liabilities are recognised when the entity becomes a party to the contractual provisions to the instrument. For financial assets, this is equivalent to the date that the company commits itself to either purchase or sell the asset (i.e. trade date accounting is adopted). Financial instruments are initially measured at fair value plus transactions costs except where the instrument is classified 'at fair value through profit or loss' in which case transaction costs are expensed to profit or loss immediately. Classification and subsequent measurement

Financial instruments are subsequently measured at either fair value, amortised cost using the effective interest rate method or cost. Fair value represents the amount for which an asset could be exchanged or a liability settled, between knowledgeable, willing parties. Where available, quoted prices in an active market are used to determine fair value. In other circumstances, valuation techniques are adopted.

***Amortised cost is calculated as***

i. the amount at which the financial asset or financial liability is measured at initial recognition;
ii. less principal repayments;
iii. plus or minus the cumulative amortisation of the difference, if any, between the amount initially

recognised and the maturity amount calculated using the effective interest method; and

iv. less any reduction for impairment.

The effective interest method is used to allocate interest income or interest expense over the relevant period and is equivalent to the rate that exactly discounts estimated future cash payments or receipts (including fees, transaction costs and other premiums or discounts) through the expected life (or when this cannot be reliably predicted, the contractual term) of the financial instrument to the net carrying amount of the financial asset or financial liability. Revisions to expected future net cash flows will necessitate an adjustment to the carrying value with a consequential recognition of an income or expense in profit or loss.

**i) Receivables**

Receivables are non-derivative financial assets with fixed or determinable payments that are not quoted in an active market and are subsequently measured at amortised cost. Gains or losses are recognised in profit or loss through the amortisation process and when the financial asset is derecognised. Receivables are included in current assets, except for those which are not expected to mature within 12 months after the end of the reporting period. (All other loans and receivables are classified as noncurrent assets.)

**j) Financial Instruments**

***Financial liabilities***

Non-derivative financial liabilities (excluding financial guarantees) are subsequently measured at amortised cost. Gains or losses are recognised in profit or loss through the amortisation process and when the financial liability is derecognised.

***Impairment***

At the end of each reporting period, the company assesses whether there is objective evidence that a financial asset has been impaired.

A financial asset (or a group of financial assets) is deemed to be impaired if, and only if, there is objective evidence of impairment as a result of one or more events (a "loss event") having occurred, which has an impact on the estimated future cash flows of the financial asset(s).

In the case of financial assets carried at amortised cost, Joss events may include: indications that the debtors or a group of debtors are experiencing significant financial difficulty, default or delinquency in interest or principal payments; indications that they will enter bankruptcy or other financial reorganisation; and changes in arrears or economic conditions that correlate with defaults.

For financial assets carried at amortised cost (including loans and receivables), a separate allowance account is used to reduce the carrying amount of financial assets impaired by credit losses.

After having taken all possible measures of recovery, if management establishes that the carrying amount cannot be recovered by any means, at that point the written-off amounts are charged to the allowance account or the carrying amount of impaired financial assets is reduced directly if no impairment amount was previously recognised in the allowance account.

When the terms of financial assets that would otherwise have been past due or impaired have been renegotiated, the company recognises the impairment for such financial assets by taking into account the original terms as if the terms have not been renegotiated so that the loss events that have occurred are duly considered.

***Derecognition***

Financial assets are derecognised where the contractual rights to receipt of cash flows expire or the asset is transferred to another party whereby the entity no longer has any significant continuing involvement

in the risks and benefits associated with the asset. Financial liabilities are derecognised where the related obligations are either discharged, cancelled or expired. The difference between the carrying value of the financial liability, which is extinguished or transferred to another party and the fair value of consideration paid, including the transfer of non-cash assets or liabilities assumed, is recognised in profit or loss.

**k) Critical Accounting Estimates and Judgments**

The directors evaluate estimates and judgments incorporated in the financial statements based on historical knowledge and best available current information. Estimates assume a reasonable expectation of future events and are based on current trends and economic data, obtained externally and within the Foundation.

**l) Estimation of useful lives of assets**

The directors determine the estimated useful lives and related depreciation charges for its property, plant and equipment. The useful lives could change significantly as a result of technical innovations or some other event. The depreciation charge will increase where the useful lives are less than previously estimated lives. Technically obsolete or non-strategic assets which have been abandoned or sold will be written off or written down.

## NOTE 4: CASH AND CASH EQUIVALENTS

| | 2026 | 2025 |
|---|---|---|
| Cash at bank | $102,339.59 | $120,971.54 |

## NOTE 5: TRADE AND OTHER RECEIVABLES

| | | |
|---|---|---|
| Other receivables (GST) | - | - |
| Total current trade and other receivables | - | - |

There are no balances within trade receivables that are impaired or past due. It is expected that these balances will be received when due.

## NOTE 6: OTHER ASSETS

| | | |
|---|---|---|
| Prepayments and accruals | - | - |

## NOTE 7: PLANT AND EQUIPMENT

| | |
|---|---|
| Plant and equipment at cost | - |
| Less accumulated depreciation | - |

## NOTE 8: INTANGIBLE ASSETS

| | | |
|---|---|---|
| Website, video & app development capitalised | - | - |
| Accumulated amortisation | - | - |
| Net carrying value | - | - |

## NOTE 9: TRADE AND OTHER PAYABLES

| | | |
|---|---|---|
| Trade creditors and accruals | - | - |

Trade & other payables are classified as financial liabilities at amortised cost

## NOTE 10: CASH FLOW INFORMATION

**Reconciliation of Cash Flows from Operations with Surplus/ (Deficit) attributable to the Foundation.**

| | | |
|---|---|---|
| Surplus/ (Deficit) attributable to the Foundation | -$7,162.53 | -$1,675 |
| Amortisation | - | - |
| Changes in assets and liabilities: | - | - |
| (Increase)/Decrease in receivables | - | - |
| (Increase)/Decrease in prepayments | - | - |
| Increase/(Decrease) in payables | - | - |
| Net cash provided by/(used) in operating activities | - | - |

**NOTE 11: CONTINGENT LIABILITIES COMMITMENTS**

The directors are not aware of any contingent liabilities or commitments as at 30 June 2026.

**NOTE 12: EVENTS AFTER THE REPORTING PERIOD**

No matters or circumstances have arisen since the end of the financial year which significantly affected or may significantly affect the operations of the Foundation, the results of those operations, or the state of affairs of the Foundation in future financial years.

**NOTE 13: RELATED PARTIES TRANSACTIONS**

During the financial year ASPF purchased IT consulting services provided by Thomas Green and his suppliers. No other related party transactions took place. No other members of the board received any remuneration from the Foundation.

**NOTE 14: FINANCIAL RISK MANAGEMENT**

The Foundation's financial instruments consist mainly of deposits with banks, accounts receivable and payable.
The totals for each category of financial instruments, measured in accordance with AASB 139, as detailed in the accounting policies to these financial statements, are as follows:

| | 2026 | 2025 |
|---|---|---|
| | $ | $ |
| Financial Assets | - | - |
| Cash and cash equivalents | $102,340 | $120,972 |
| Trade and other receivables | - | - |
| | **$102,340** | **$120,972** |
| Financial Liabilities | - | - |
| Trade and other payables | - | - |

**NOTE 15: MEMBERS' GUARANTEE**

The Foundation is incorporated under the Corporations Act 2001 and is an entity limited by guarantee. If the Foundation is wound up, the Constitution states that each member is required to contribute a maximum of $100 towards meeting any outstanding obligations of the entity.

At 30 June 2026 the number of members was 7 (2024: 9).

**NOTE 16: FOUNDATION DETAILS**

The registered office and postal address of the Foundation is:

Australian Suicide Prevention Foundation
Suite 609
89 High Street
KEW VIC 3101
Telephone: (03) 9853 5211
Email: aspf@aspf.org
Website: www.aspf.org

# Directors' Report

Your directors present the financial report of the Australian Suicide Prevention Foundation (ASPF or the Foundation) for the financial year ended 30 June 2026.

**Directors**

The names of each person who has been a director during the year and to the date of this report are:

Kristin Michaels – Chief Executive
David Horgan – Psychiatrist (retired)
Caterina Sloan – Family doctor
John Hardy - Consultant
Thomas Green – Digital Marketing Strategist
Richard Dent – Consultant

Mary Rose Morgan – Accountant (removed March 1 2026)

Directors have been in office since the start of the financial year to the date of this report unless otherwise stated.

**Company Secretary**

The following person held the position of entity secretary at the end of the financial year:
Clinical Associate Professor David Horgan (retired) – Psychiatrist. Clinical Associate Professor Horgan has worked for the ASPF since its formation, performing director and company secretary roles, he was appointed company secretary on 14 June 2005.

**Our Vision:** Life Matters

**Our Mission:** To help change the landscape of suicide prevention in Australia

**Our Role:** To enable networks of support that protect and help people with suicidal thoughts, and their communities

**Our Message:** "You'd never tell a friend to die; tell yourself what you'd tell a friend"

**Short term objectives**

The company's short term objectives are:

- To develop, enhance, promote and establish an AI enhanced version of the website www.InToughTimesText.com.au and our app *Prevent a Suicide: What to Say* with suggestions for effective and supportive texts to send to people with suicidal thoughts
- To develop and launch an enhanced version of www.InToughTiesText.org, WhatDoISay.org, with the aid and support of Rotary & Lions Sri Lanka and to expand the coverage into India.
- To enhance ASPF's digital presence with updated branding, use of social media platforms and by upgrading and simplifying its websites
- To set up a digital fundraising strategy leading to an income stream sufficient for ASPF's ongoing initiatives
- Continue to provide support, in metropolitan and rural areas, with assistance, guidance and direction for:
    - Sufferers, friends, family and close ties
    - Wider community
    - Comfort & awareness
    - Community & ethnic groups
    - Information access and sharing
- Promote collaboration & partnerships between support organisations within the suicide prevention sphere, communities, practitioners, academia, research and industry
- Continue to promote suicide prevention awareness in the community

**Long term objectives**

The Foundation's long term objectives are to:

- To develop a Whitebox version for organisations planning to incorporate the functionality into their own suicide prevention and mental health programmes under their own labelling.
- Develop and provide state of the art services for those suffering depression and suicidal thoughts
- Enable the community to contribute to developing these services
- Raise community awareness of suicide through quality resources and programs
- National relationships – positioning of Hold on to Life as an effective nationally recognised organisation
- Internal perspective – governance and organisational effectiveness
- Financial perspective – sustainability and pursuit of continual improvement

**Our Focus**

The following focus has been adopted by the Foundation to achieve these objectives:

- Awareness
- Advocacy
- Finances

**The strategies being pursued are:**

- Continue to recruit directors to enhance and complement board skills
- Develop and implement a range of programs and support for at risk groups
- Develop and implement a national marketing campaign
- Review websites and develop a plan for improvement and consolidation of existing sites
- Develop and produce a range of national standardised education and community awareness resources on suicide awareness and supports
- Review national image and branding to achieve consistency in all forms of external communication
- Provide submissions to all relevant government enquiries
- Meet with all relevant government and opposition figures
- Gain a position of relevance in media and conference interviews and presentations
- Develop relationships with other support and government groups

**Principal Activities Assisting the Foundation to Achieve its Objectives**

The Foundation continues to provide the websites www.youthsuicide.com, www.suicideprevention.com.au and http://www.aftersuicide.com.au/ and www.InToughTimesText.org.au.
In addition, the app ***Prevent a Suicide: What to Say*** will contine to be supported in Australia with the intent of refocussing on an Australianised version of **WhatDoISay.org** as the next evolution.

**Measurement of Performance**

As a not for profit policy and advocacy organisation, key performance indicators are based on soft data and measures including member and public feedback and support, quantum of donations, government support, organisations focussed on mental health and suicide prevention and long term sustainability of ASPF as an organisation.

**Results** Net Loss of $7,163 (2025 Net Loss of $1,675).

**Review of Operations**

Current year initiatives included:

- Completion and launch of the new website **WhatDoISay.org** in Sri Lanka and continue the strategy to launch the application in India.
- Developing strategies for updated branding Increasing social media presence Investigate alternative approaches to enhancing the app named “Prevent a Suicide: What to Say”.
- Promoting the app Prevent a Suicide: What to Say and the website In Tough Times Text project
- Continuing our alliance with Macquarie University to engage in research projects with students from the Department of Psychology.
- A grant was received from Cadent for the provision of an enhanced AI based version of the website www.InToughTimesText.org.au and potentially the app *Prevent a Suicide: What to Say*. This opportunity was terminated on receipt of the initial study.
- No other matters or circumstances have arisen since the end of the financial year which significantly affected or may significantly affect the operations of the Foundation, the results of those operations, or the state of affairs of the Foundation in future financial years.
- ASPF has been working with Rotary Sri Lanka to develop and launch an enhanced version of www.InToughTiesText.org. The launch of this programme is tentatively set for January 2026. This is being developed at no cost to Australian Suicide Prevention Foundation.

**Significant Changes in State of Affairs**

There have been no significant changes in the Foundation's state of affairs during the financial year.

**Information on Directors**

**Kristin Michaels**

**Qualifications**
Bachelor of Arts (Hons), PostGrad Cert Organisational Development, Master of Strategic Foresight PostGrad Cert Organisational Coaching, Diploma Company Directors Course, Fellow, Australian Institute of Company Directors

**Experience**
Kristin has a number of years of involvement and leadership within the healthcare industry in both public and private sectors. She has experience in organisational improvement and development of robust collaborations and partnerships, and governance experience in acute, aged care. Community health and primary care.

Kristin has served as Chair of the Board at Yea District Memorial Hospital and is a Governor at the Windermere Foundation

In her work life Kristin is Chief Executive of a national peak body in the healthcare sector operating in each State in Australia. Kristin also has extensive experience as a professional mentor and executive coach and is a qualified futurist.

**Special responsibilities**

Chair of the Board

**Dr David Horgan**

**Qualifications**

Previously Clinical Associate Professor, Department of Psychiatry, University of Melbourne, Senior Specialist Psychiatrist, Royal Melbourne Hospital; consultant psychiatrist in private practice. Now retired.

**Experience**

Clinical Associate Professor Horgan was educated and qualified in Medicine in Dublin, then trained in psychiatry in Edinburgh. He obtained the degrees Member of the Royal College of Psychiatrists, Master of Philosophy, and Diploma in Psychological Medicine.

David became a consultant psychiatrist at the Royal Melbourne Hospital and completed the Fellowship of The Royal Australian and New Zealand College of Psychiatrists and a doctoral thesis at the University of Melbourne. He was made a Fellow of the Royal College of Physicians in Edinburgh in recognition of his role in psychiatry.

Until his retirement, he was involved mainly in private practice in psychiatry, particularly treating resistant depression. He established an Australia–wide freecall telephone suicide prevention service in 1997.

Associate Professor Horgan has been heavily involved over many years in teaching psychiatry to GPs and to psychiatrists and giving second opinions. He is now devoting more time to furthering the work of the Australian Suicide Prevention Foundation.

**Special responsibilities**

Company secretary, Founding Director and Medical Director

**Dr Cathy Sloan**

**Qualifications**

General Practitioner, graduated from Monash University and trained at Prince Henry's Hospital in Melbourne.

**Experience**

Cathy has practised in Broome, the Torres Strait, country Victoria and currently practises in Melbourne.

She is passionate about the de–stigmatising of all types of mental illness through education, and particularly about suicide prevention.

**John Hardy**

**Qualifications**

BSc, MBA, Fellow of the Australian Institute of Company Directors

**Experience**

John is an internationally respected business strategist, corporate executive, board advisor and technology commercialisation specialist with more than five decades of distinguished leadership across the telecommunications, information technology, executive search, corporate governance and not-for-profit sectors. Throughout his career, he has successfully guided multinational corporations, emerging technology ventures, government-accredited organisations and executive leadership teams through periods of transformation, growth, innovation and strategic change.

Recognised for his ability to bridge visionary thinking with practical execution, John has built a reputation for developing sustainable business strategies, commercialising emerging technologies, creating strategic partnerships and mentoring executives to achieve long-term organisational success. His leadership philosophy combines commercial acumen with a deep commitment to social impact, making him equally effective in both corporate boardrooms and community-focused organisations.

**Special responsibilities**

Director, Chief Executive Officer

**Mary Rose Morgan** (*removed from the Board on March 1 2026)*

**Qualifications**
BComm from the University of Melbourne, admitted as CPA in 1987.

**Experience**

Mary Rose had a long career in industrial relations and as a senior manager and deputy CEO of the Royal Australian and New Zealand College of Psychiatrists. She was a director of a community bank for many years and had a private practice as a tax agent. Mary Rose is now an honorary adviser to cultural and community organisations, especially those involving music.

**Special responsibilities**

Director and Treasurer

**Thomas Green**

**Qualifications**
Tom has a Certificate IV in Training & Assessment (SELMA) and has completed several intensive courses in management, sales and information technology.

**Experience**
Tom has a background as a digital marketing strategist and growth consultant, entrepreneur and a Director of Business Development, directing organisations on their technology and digital strategic direction during the age of digital disruption, specifically focused on how to enhance and optimise the customer experience, whilst increasing reach and decreasing costs He is practised in considering and mitigating risks arising from the security and integrity of data from a regulatory and privacy perspective, IT systems availability and performance, to the larger business risk and human cost that comes from not being digitally competitive.

**Special responsibilities**

Chair, Branding Committee

**Richard Dent OAM**
**Qualifications**
Richard has multiple Masters and other post-graduate qualifications, including from Harvard University. Fellow of the Australian Institute of Company Directors, Medal in the Order of Australia.

**Experience**
Richard Dent OAM is a prominent Australian civic leader, NFP executive, and governance expert, known for his work with organizations like Tradeswomen Australia and the Australian Regenerative Medicine Institute (ARMI), focusing on inclusion, strategy, and social policy; he runs his own consultancy, Leading Progress, and is recognized with an Order of Australia Medal (OAM) for his extensive service to the community.

## Meetings

During the year a range of meetings of directors was held: Board Meetings, Planning Session, Strategy Development & Review sessions, several service planning review sessions. Attendances by each director during the year were as follows:

| Director | Entitled to Attend | Attended | Attendance | 26/8/2025 | 4/9/25 Cadent | 12/9/25 Cadent | 15/9/25 Cadent | 18/9/25 Cadent | 26/9/2025 | 30/9/2025 | 7/10/25 Cadent | 10/10/25 Cadent | 14/10/25 Cadent | 17/11/25 Cadent | 21/11/25 Cadent | 17/2/2026 | 16/4/2026 | 14/5/2026 |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Kristin Michaels | 15 | 6 | 40% | A | | | | | ✓ | ✓ | | | | | ✓ | ✓ | ✓ | ✓ |
| David Horgan | 15 | 15 | 100% | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| John Hardy | 15 | 15 | 100% | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| Mary Rose Morgan | 15 | 0 | 0% | | | | | | | | | | | | | | | |
| Caterina Sloan | 15 | 4 | 27% | ✓ | | | | | | A | | | | | ✓ | ✓ | ✓ | |
| Thomas Green | 15 | 12 | 80% | ✓ | ✓ | ✓ | ✓ | ✓ | | ✓ | ✓ | ✓ | ✓ | | ✓ | ✓ | ✓ | |
| Richard Dent | 15 | 14 | 93% | ✓ | | ✓ | ✓ | ✓ | ✓ | | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| TOTAL | **105** | **66** | 63% | 5 | 3 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 5 | 3 | 6 | 6 | 6 | 4 |

The Foundation is incorporated under the Corporations Act 2001 and is an entity limited by guarantee. If the entity is wound up the constitution states that each member is required to contribute a maximum of $100 towards meeting any outstanding obligations of the entity. At June 30 2026, the total amount that members of the company are liable to contribute if the company is wound up is $600 (2025: $900).

**Indemnifying Officers or Auditor**

During the year, the directors and officers of the Foundation were covered under Insurance policies held by the Foundation. Under the terms of the policies the premiums may not be disclosed.

No indemnities have been given or insurance paid during or since the end of the financial year, for any person who Is or has been an auditor of the Foundation.

**Proceedings on Behalf of Foundation**

No person has applied for leave of Court to bring proceedings on behalf of the Foundation or intervene In any proceedings to which the Foundation is a party for the purpose of taking responsibility on behalf of the Foundation for all or any part or any part of those proceedings. The Foundation was not a party to any such proceedings during the year.

**Auditor's Independent Declaration**

A copy of the auditor's independence declaration as required under Section 307C of the Corporations Act 2001 is attached.

Signed in accordance with a resolution of the directors

Signed: K. Michaels .....

Kristin Michaels

Chair

Dated: 13.9.26 .....

# Auditor’s Report

**AUDITOR'S INDEPENDENCE DECLARATION**
**UNDER S 307C OF THE CORPORATIONS ACT 2001**
**TO THE DIRECTORS OF AUSTRALIAN SUICIDE PREVENTION FOUNDATION**

I declare that, to the best of my knowledge and belief, during the year ended 30 June 2026 there has been:

(i) no contraventions of the auditor independence requirements as set out in the *Corporations Act 2001* in relation to the audit; and

(ii) no contraventions of any applicable code of professional conduct in relation to the audit.

Hugh D Paton, FCA
Chartered Accountant

2/91 Grange Road
Toorak VIC 3142

Melbourne: 15/9/26

**Hugh D Paton**
**Chartered Accountant**
ABN 43 357 905 597

2/91 Grange Road
TOORAK VIC 3142
M 0416 083 339

# INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF AUSTRALIAN SUICIDE PREVENTION FOUNDATION

## Report on the Financial Report

We have audited the accompanying financial report, being a special purpose financial report of the Australian Suicide Prevention Foundation (the Company), which comprises the balance sheet as at 30 June 2026, the income statement and cash flow statement for the year then ended, notes comprising a summary of significant accounting policies and other explanatory information, and the directors' declaration.

*Directors' Responsibility for the Financial Report*

The directors of the Company are responsible for the preparation of the financial report that gives a true and fair view, and have determined that the basis of preparation described in Note 1 to the financial report is appropriate to meet the requirements of the *Corporations Act 2001* and is appropriate to meet the needs of the members.

The directors' responsibility also includes such internal control as the directors determine is necessary to enable the preparation of a financial report that gives a true and fair view and is free from material misstatement, whether due to fraud or error.

*Auditor's Responsibility*

Our responsibility is to express an opinion on the financial report based on our audit. We have conducted our audit in accordance with Australian Auditing Standards. Those standards require that we comply with relevant ethical requirements relating to audit engagements and plan and perform the audit to obtain reasonable assurance about whether the financial report is free from material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the financial report. The procedures selected depend on the auditor's judgement, including the assessment of the risks of material misstatement of the financial report, whether due to fraud or error. In making those risk assessments, the auditor considers internal control relevant to the entity's preparation of the financial report that gives a true and fair view in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the entity's internal control. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of accounting estimates made by the directors, as well as evaluating the overall presentation of the financial report.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion.

*Independence*

In conducting our audit, we have complied with the independence requirements of the *Corporations Act 2001*.

**Hugh D Paton**
**Chartered Accountant**
ABN 43 357 905 597

2/91 Grange Road
TOORAK VIC 3142
M 0416 083 339

## INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF AUSTRALIAN SUICIDE PREVENTION FOUNDATION

*Auditor's Opinion*
In our opinion the financial report of the Australian Suicide Prevention Foundation is in accordance with the *Corporations Act 2001*, including:

a) giving a true and fair view of the Company's financial position as at 30 June 2026 and of its performance for the year ended on that date; and
b) complying with Australian Accounting Standards to the extent described in Note 1 and the *Corporations Act 2001*.

*Basis of Accounting*

Without modifying our opinion, we draw attention to Note 1 to the financial report, which describes the basis of accounting. The financial report has been prepared for the purpose of fulfilling the directors' financial reporting responsibilities under the *Corporations Act 2001*. As a result, the financial report may not be suitable for another purpose.

**Hugh D Paton**
**Chartered Accountant**

**Melbourne:** 15/9/26